

Discovery News *for Discovery Health members*

Tax Certs

The Discovery Health tax certificates are available on their website, if yours hasn't been emailed to you yet.

You will find them by hovering over HEALTH and then going to YOUR PLAN DETAILS. You will see Certificates on the right and here you can email the certificate to yourself. Alternatively, you can call Discovery on 0860 998877 and ask them to email you a certificate.

Screening Benefit

The screening benefit is available to ALL Discovery members, regardless of what plan you are on. This benefit does not affect your Savings.

You are entitled to the following per year, covered from your risk benefits:

- one mammogram (male and female)
- One pap smear
- One prostate-specific antigen (PSA) test
- HIV blood tests (unlimited) such as Rapid, ELISA and Western Blot
- One Vitality Check (finger-prick glucose and cholesterol tests, blood pressure check and weight assessment)
- Flu Vaccination for high risk members with certain chronic conditions

If you are a member of Vitality you will also receive Vitality points for these tests.

MRI and CT Scans

No pre-authorisation is required for MRI and CT scans, but they won't be covered unless referred by a specialist or trauma GP.

Scans are refunded at 100% of medical aid tariff.

In-hospital:

On the Executive plan, the costs are paid from Savings and Above Threshold Benefit whether in-or-out of hospital. On other plans, in-hospital scans related to approved admissions are paid from the hospital benefit. Scans not relating to an approved hospital admission, and scans for in-hospital conservative back and neck treatment are paid as if they were out-of-hospital scans.

Out-of-hospital:

On the Executive plan, scans are paid from Savings and Above Threshold. If you are in your self payment gap, you need to pay for the scan.

On the Comprehensive, Priority and Saver plans, a co-payment of R2450 applies. This is paid from Savings or Above Threshold, or by you if you are in your self payment gap. The balance is paid from the hospital benefit.

Core plans do not cover out-of-hospital MRI and CT scans.

On KeyCare plans, your cover is limited to the R2750 specialist cover per year per member.

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This email is written by an independent commentator and not by Discovery Health. Any Discovery Health member is welcome to subscribe. Queries regarding this email can be sent to ihs@ihshealth.co.za.

Discovery Website

www.discovery.co.za

Discovery Client Services

0860 99 88 77

KeyCare Client Services

0860 102 877

**DISCOVERY
EMERGENCY NUMBER
0860 999 911**

DISCOVERY HEALTH PLANS

**Executive Plan
Classic and Classic Delta
Comprehensive
Classic Comp Zero MSA
Essential and Essential
Delta Comprehensive
Classic & Essential Priority
Classic & Classic Delta
Saver and Core
Essential & Essential Delta
Saver and Core
Coastal Saver and Core
KeyCare Plus, Access, Core**

**DISCOVERY REWARDS
Vitality / KeyFit**

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SOLUTIONS
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Council for Medical Schemes
Accreditation # ORG104
Authorised FSP #12239

Vitality LiveWell programmes

Discovery is still busy with the LiveWell programmes and we are told they will be available around mid-year. These programmes use your Vitality Age calculation as a base, and offer 5,000 points per person per 12 week programme if you follow the programmes allocated to you and fulfil all requirements over the 12 week period.

Vitality Travel Rewards

Vitality Travel Partners:

British Airways International: Flights to 31 international destinations. Your discount will be 15% on Blue status, 20% on Bronze, 25% on Silver, 30% on Gold and 35% on Diamond. This does not apply to airport taxes and fuel levies. Book your flights through Kulula.com and make sure you are logged in as a Vitality member. You are allowed two international flight bookings per year at the discounted rate.

Emirates: Flights to more than 100 international destinations, all via Dubai. Your discount will be 15% on Blue status, 20% on Bronze, 25% on Silver, 30% on Gold and 35% on Diamond. This does not apply to airport taxes and fuel levies. Book your flights through Kulula.com and make sure you are logged in as a Vitality member. You are allowed two international flight bookings per year at the discounted rate.

British Airways local flights: Your discount will be 15% on Blue status, 20% on Bronze, 25% on Silver, 30% on Gold and 35% on Diamond. This does not apply to airport taxes and fuel levies. Book your flights through Kulula.com and make sure you are logged in as a Vitality member. You are allowed 12 domestic flight bookings per year at the discounted rate.

Kulula.com local flights: Your discount will be 15% on Blue status, 20% on Bronze, 25% on Silver, 30% on Gold and 35% on Diamond. This does not apply to airport taxes and fuel levies. Book your flights through Kulula.com and make sure you are logged in as a Vitality member. You are allowed 12 domestic flight bookings per year at the discounted rate.

Europcar: Carhire through Kulula.com. Your discount will be 8% on Blue status, 10% on Bronze, 15% on Silver, 20% on Gold and 25% on Diamond.

Greyhound: 20% discount on the lowest standard advertised price on Greyhound bus tickets to destinations in Southern Africa

Tsogo Sun: Discounts at listed Tsogo Sun hotels, when your booking includes a Saturday night (Wednesday night for Drakensberg Sun). You are allowed 20 bookings per calendar year. Your discount will be 30% on Blue status, 35% on Bronze, 40% on Silver, 45% on Gold and 50% on Diamond.

DiscoveryCard Travel Partners:

- Royal Caribbean International, World Leisure Holidays, Contiki
- Book your holiday and pay with your DiscoveryCard, earning cash back of 15% on Blue status, 18% on Bronze, 19% on Silver, 20% on Gold and 22% on Diamond.
- The cash back is for the holiday package, excluding airport taxes and any extras.
- The cash back is refunded to your credit card when your statement closes.

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