

## Discovery News *for Discovery Health members*

### Dental Benefits

You don't need to authorise dental treatment in 2015.

Executive:

- Limit of R40 500 per person per calendar year
- Dentistry in the dentist's rooms is paid from Savings and Above Threshold, subject to annual limit.
- The hospital or clinic account for dentistry in a hospital or day clinic is paid from the hospital benefit. Related accounts are paid from Savings and Above Threshold.
- Dentist's and anaesthetists in-hospital are paid at 300% of tariff.

Comprehensive, Priority, Saver:

- Dental appliances and orthodontics limited to R22 900 pp pa on Comprehensive plans and R14 250 on Priority plans.
- Dentistry in the dentist's rooms is paid from Savings and Above Threshold, at 100% of medical aid tariff.
- The hospital or clinic account for dentistry in a hospital or day clinic is paid from the hospital benefit subject to the co-payment of R4400 in a hospital and R2850 in a day clinic. Related accounts are paid from the hospital benefit.
- Dentist's and anaesthetists in-hospital are paid at 200% of tariff on Classic plans and 100% on Essential and Coastal plans.

Core:

- The hospital or clinic account for dentistry in a hospital or day clinic is paid from the hospital benefit subject to the co-payment of R4400 in a hospital and R2850 in a day clinic. Related accounts are paid from the hospital benefit.
- No cover for dental appliances and orthodontics, and for dentistry in dentist's rooms.

KeyCare:

- Basic dentistry (consultations, fillings and extractions) are covered at network dentists on Plus and Access plans. No cover on Core.
- No cover for dentistry in-hospital

### Key Care

Your KeyCare doctor is your first contact for all of your medical needs. You can have two doctors listed for you if you need one close to home and one close to work. You can change your KeyCare doctor up to 3 times per year, and you are allowed one out-of-network doctor visit per year. Your KeyCare doctor will refer you to hospitals or specialists as required, and will authorise these visits with Discovery.

KeyCare Core and Plus members can go to any KeyCare network hospital for emergencies or planned admissions. KeyCare Access members have a second network of hospitals for childbirth and child care.

Chronic medication and care is provided by your KeyCare GP, for 27 conditions and subject to the medicine formulary. You need to collect your medication from your KeyCare GP if they dispense medication, or from a Discovery approved pharmacy.

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This email is written by an independent commentator and not by Discovery Health. Any Discovery Health member is welcome to subscribe. Queries regarding this email can be sent to [ihs@ihshealth.co.za](mailto:ihs@ihshealth.co.za).

**Discovery Website**

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**KeyCare Client Services**

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**DISCOVERY  
EMERGENCY NUMBER**

**0860 999 91 1**

**DISCOVERY HEALTH  
PLANS**

**Executive Plan**

**Classic and Classic Delta**

**Comprehensive**

**Classic Comp Zero MSA**

**Essential and Essential**

**Delta Comprehensive**

**Classic & Essential Priority**

**Classic & Classic Delta**

**Saver and Core**

**Essential & Essential Delta**

**Saver and Core**

**Coastal Saver and Core**

**KeyCare Plus, Access, Core**

**DISCOVERY REWARDS**

**Vitality / KeyFit**

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Council for Medical Schemes

Accreditation # ORG104

Authorised FSP #12239

## **Insured Network**

Discovery has various networks in place to ensure better cover while you are in your Self Payment Gap. This is not available on Classic Comprehensive Zero MSA, Core or KeyCare plans.

### Preferred Medicine List:

Available to Executive, Classic Comprehensive and Classic Delta Comprehensive members. Certain medicines on the preferred list will be covered at MedXPress, Dis-Chem, Medi-Rite, Clicks and Pick n Pay pharmacies.

### GP Consultations

Unlimited visits for Executive, Comprehensive, and Priority members, and a limited number of visits for Saver members, to GPs in the GP Discovery Network.

### External Medical Items

Unlimited from a network of designated suppliers, for Executive, Classic Comprehensive, Classic Delta Comprehensive, Essential Comprehensive, Essential Delta Comprehensive, Classic Priority and Essential Priority members.

### Blood Tests

Unlimited blood tests at Clicks, Dis-Chem and Pick n Pay pharmacies, for members on Executive, Classic Comprehensive, Classic Delta Comprehensive, and Classic Priority plans. The Discovery pathology form must be used for these tests.

### Antenatal consultations and 2D pregnancy scans

Unlimited for members on Executive, Classic Comprehensive, Classic Delta Comprehensive, and Classic Priority plans, and a limited number for those on Classic Saver and Classic Detail Saver, at gynaecologists or obstetricians who have a payment plan with Discovery.

Call Discovery on 0860 998877 to confirm the benefit and whether your provider is on the required network.

## **Vitality Online Questionnaires**

Log into [www.discovery.co.za](http://www.discovery.co.za) and earn points by completing the online questionnaires. You can find them all by hovering over Vitality, and clicking on "How to Earn Points".

### Vitality Age (2000 points plus 5000 if a non-smoker)

Start with this one! It will tell you your Vitality Age relative to your actual age, and will be the basis for any LiveWell Programmes that Discovery thinks you need to follow (earning you more points when you do).

### Online Fitness Assessment (1000 points)

This is the online questionnaire. You can go on to do the full fitness test at various biokineticists if you wish, earning you more points.

### Mental Wellbeing Assessment (2050 points)

4 questionnaires earn you 500 points each, and if you do them all within one month you get 500 bonus points.

### Kid's Assessments—Online Kids Health Review (2000 points)

Questionnaire on your child's habits. Your child qualifies for free movies once this questionnaire has been completed.

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